

Vaginal Discharge

Patient complains of vaginal discharge +/- itching and soreness

Investigations

- Endo-cervical swab for chlamydia
- Endo-cervical swab for gonorrhoea
- High vaginal swab for trichomonas candida and BV

Examination Findings

- Vulvitis/vaginitis
- Thick white curd-like vaginal discharge

Treatment

- Presumptive **candidiasis**
- Topical **antifungal** such as clotrimazole

OR

Examination Findings

- Vulvitis/vaginitis
- Offensive purulent frothy vaginal discharge

Treatment

- Presumptive **trichomoniasis**
- **Metronidazole 400mg bd 7 days**

OR

Examination Findings

- NO vaginitis or vulvitis
- Fishy smelling white/grey adherent vaginal discharge

Treatment

- Presumptive **bacterial vaginosis**
- **Metronidazole 400mg bd 7 or 2gm stat** (7 day regimen preferred in pregnancy)

Follow-up

- Check results and resolution of symptoms
- **If positive results for chlamydia, gonorrhoea or trichomonas – ensure appropriate treatment and partner notification**
- **If negative results and symptoms persist – refer to a Specialist Sexual Health Service**