Management of sexual contacts of a person diagnosed with Gonorrhoea

Dear Dr [Name],

Your patient has been a contact of gonorrhoea. Please screen for sexually transmitted infections including pharyngeal and/or anorectal swabs as indicated, as well as serology for syphilis and HIV (and targeted hepatitis B and C – see Sexual Health Check guideline [www.nzshs.org/guidelines]).

New Zealand guidelines recommend empiric treatment of sexual contacts, irrespective of negative test results.

Treatment is with Ceftriaxone 500mg IM as a stat dose (make up as per data sheet) plus Azithromycin 1.0 grams orally as a stat dose plus condoms.

Gonorrhoea or chlamydia diagnosed on testing should be treated accordingly. (See NZ Sexual Health Society guidelines [www.nzshs.org/guidelines]).

Abstinence from sexual intercourse is strongly recommended for 1 week after initiation of treatment, and until 1 week after sexual contact/s in the last 3 months have been treated (see Partner Notification/Contact Tracing guideline – [www.nzshs.org/guidelines]). If abstinence cannot be achieved condoms must be used, including for oral sex.

Sincerely,