Management of sexual contacts of a person diagnosed with Trichomonas

Date ____________________________

Dear Dr __________________________

Your patient has been a contact of trichomoniasis. Please screen for sexually transmitted infections including pharyngeal and/or anorectal swabs as indicated, as well as serology for syphilis and HIV (and targeted hepatitis B and C – see Sexual Health Check guideline www.nzshs.org/guidelines).

New Zealand guidelines recommend empiric treatment of sexual contacts, irrespective of negative test results.

Treatment is with oral metronidazole 2g stat dose or oral ornidazole 1.5g stat dose plus condoms or oral metronidazole 400mg twice a day for 1 week.

Gonorrhoea or chlamydia diagnosed on testing should be treated accordingly. (See NZ Sexual Health Society guidelines www.nzshs.org/guidelines).

Abstinence from sexual intercourse is strongly recommended for 1 week after initiation of treatment, and until 1 week after sexual contact/s in the last 3 months have been treated (see Partner Notification/Contact Tracing guideline – www.nzshs.org/guidelines). If abstinence cannot be achieved condoms must be used, including for oral sex.

Sincerely,